**Title of manuscript**

The names and affiliations of the authors: The names should be completed, no abbreviations and in the order: First Name Middle Name Last Name. It is important that the name be spelled in that order; this is how they will be submitted to PUBMED

The name and email address of the corresponding author.

**Abstract**

A short unstructured paragraph

Maximum 1500 words (excluding the abstract and references)

**Introduction**

Include your introduction here

**Methods**

Include your methods here

**Results**

Include your results here

**Discussion**

Include your discussion here

**Conclusion**

Include your conclusion here

**Competing interests**

Declare any competing interests here. If there are no competing interests to declare us the mention: The authors declare no competing interest.

**Authors’ contributions**

Specify the contribution to the work and write-up of the manuscript for each person listed as author

**Acknowledgements (if any)**

If any, mention it here

**Tables and figures (if any, maximum 2 tables or figures)**

List all tables and figures (if any) included in the manuscript, with their detailed legend: Example. Note that Tables should be included at the end of the manuscript, after the reference section.

Table 1 : XXXX

Table 2 : XXXXX

Figure 1 : XXX

Figure 2 : XX

**References (maximum 10 references)**

Include your reference list here. Ensure that the list if formatted according to the journal standards