

<b>Annex 1: LARS score scoring instructions</b>	
<b>Add the scores from each 5 answers to one final score</b>	
<b>Do you ever have occasions when you cannot control your flatus (wind)?</b>	
<input type="checkbox"/> No, never	0
<input type="checkbox"/> Yes, less than once per week	4
<input type="checkbox"/> Yes, at least once per week	7
<b>Do you ever have any accidental leakage of liquid stool?</b>	
<input type="checkbox"/> No, never	0
<input type="checkbox"/> Yes, less than once per week	3
<input type="checkbox"/> Yes, at least once per week	3
<b>How often do you open your bowels?</b>	
<input type="checkbox"/> More than 7 times per day (24 hours)	4
<input type="checkbox"/> 4–7 times per day (24 hours)	2
<input type="checkbox"/> 1–3 times per day (24 hours)	0
<input type="checkbox"/> Less than once per day (24 hours)	5
<b>Do you ever have to open your bowels again within one hour of the last bowel opening?</b>	
<input type="checkbox"/> No, never	0
<input type="checkbox"/> Yes, less than once per week	9
<input type="checkbox"/> Yes, at least once per week	11
<b>Do you ever have such a strong urge to open your bowels that you have to rush to the toilet?</b>	
<input type="checkbox"/> No, never	0
<input type="checkbox"/> Yes, less than once per week	11
<input type="checkbox"/> Yes, at least once per week	16
Total Score:	
Interpretation: 0–20, no LARS; 21–29, minor LARS; 30–42, major LARS. The score is for use free of charge for anyone treating patients with LARS	