

Annex 3: research question two; do web-bas									ional COVII	D-19 risk co	mmunicati	ion guideli r	nes?		
The national statement	Statements by religious authorities in Uganda (N = No and Y = Yes)														
The Ministry of health do's and don'ts to	Α	В	С	D	E	F	G	Н	I	J	K	L	M	N	0
educate the public on how to															
avoid contracting coronavirus															
(COVID-19)															
About the COVID-19	.,	.,	) ( (5 II)							.,	) / (C II)	.,	) (C II)	) ( (C   11)	.,
Definition: COVID-19 is a highly infectious	Υ	Y	Y (full)	N	N	N	N	N	N	Υ	Y (full)	Υ	Y (full)	Y (full)	Υ
disease caused by the new coronavirus	(partial)	(partial)								(partial)		(partial)			(partial
(COVID- 19). It is spread from person-to-															
person through the droplets when a person															
coughs or sneezes and contact with															
contaminated surfaces															
Signs and symptoms: fever, cough, sore throat,		Y (full)	Υ	N	N	N	N	N	N	N	Y (full)	N	Y (full)	Y (full)	N
difficulty breathing, other flulike symptoms like	(partial)		(partial)												
running nose, sneezing and body weakness															
What must be done to protect oneself															
(things to do):									<u>                                      </u>						<u> </u>
Maintain a reasonable distance between	N	Υ	Y (full)	Y	Y	Y	N	Y	Y	N	Υ	Y (full)	N	Y (full)	Y
yourself and someone else of at least 2 metres		(partial)		(partial)	(partial)	(partial)		(partial)	(partial)		(partial)				(partial
apart															
Regularly wash your hands with soap and	Υ	Υ	Y (full)	N	N	N	N	N	N	N	Y (full)	Υ	Y (full)	Y (full)	Υ
running water or use an alcohol-based hand	(partial)	(partial)	` ,								` ,	(partial)	` ,	` ′	(partial
rub/sanitiser. This will remove the virus if it is	` '	(1 )										( )			
on your hands															
Cover your mouth and nose with tissue or a	N	N	Y (full)	N	N	N	N	N	N	N	N	N	N	Y (full)	N
handkerchief when coughing and sneezing.			(,											( ()	
Throw away the used tissue immediately and															
wash your hands with soap and running															
water or use an alcohol-based hand rub. The															
handkerchief must be washed by yourself															
daily and ironed with a hot iron. In this way,															
you protect others from any virus released															
through coughs and sneezes	N	NI.	V (E11)	N	N	N	N	N	N	N.I.	Υ	N	N	\/ (EII)	\/ (£11\
Avoid touching your eyes, nose and mouth.	IN	N	Y (full)	IN	IN	IN	IN	IN	IN	N	•	IN	IN	Y (full)	Y (full)
Hands touch many surfaces which can be											(partial)				
contaminated with the virus and you can															
transfer the virus from the contaminated															
surface to yourself	.,	.,	.,	<u> </u>	<u> </u>	<u> </u>	L	L	L		.,	.,		) (6 II)	L
If you have a fever, a cough and difficulty in	Υ	Υ	Υ	N	N	N	N	N	N	N	Υ	Υ	N	Y (full)	N
breathing, seek medical care immediately. If	(partial)	(partial)	(partial)								(partial)	(partial)			
possible, call a health worker and alert them															
about your condition. Always follow the															
guidance of your health care worker									<u> </u>						
People with flu-like symptoms should use face	N	N	Y	N	N	N	N	N	N	N	Υ	Υ	N	Y	N

masks to cover the nose and mouth and stay home in a well-ventilated room			(partial)								(partial)	(partial)		(partial)	
If you are caring for individuals who have symptoms, such as a cough and a fever you are encouraged to use a face mask to cover your nose and mouth for your personal protection	N	N	Y (partial)	N	N	N	N	N	N	N	N	N	Y (full)	N	N
Clean and disinfect frequently to uched surfaces such as doorknobs/handles, car doors, elevator buttons etc. daily with regular household disinfectant or soap and water	N	N	Y (full)	N	N	N	N	N	N	N	N	N	N	N	N
All travelers coming from countries affected by coronavirus (COVID-19) should follow guidance given by the government of Uganda	N	N	N	N	N	N	N	N	N	N	Y (full)	N	N	Y (full)	N
Avoid unnecessary movements to prevent the spread of the virus	Y (partial)	Y (partial)	Y (full)	Y (partial)	Y (partial)	N	N	N	N	Y (partial)	Y (full)	Y (partial)	Y (partial)	Y (full)	Y (partial)
What must not be done															
Avoid handshaking and hugging at all times	Y (full)	Y (full)	Y (full)	N	N	N	N	N	N	N	Y (full)	Y (full)	Y (full)	N	N
Avoid close contact with people who are visibly sick with flu-like symptoms (fever, cough, sneeze)	N	N	Y (full)	N	N	N	N	N	N	N	N	N	N	N	N
When sick with flu-like symptoms avoid going to places, offices and public gatherings.  Remain at home to avoid infecting others	N	N	Y (full)	N	N	N	N	N	N	N	Y (full)	Y (full)	N	Y (full)	N
You do not need to wear medical masks if you do not have respiratory symptoms such as a cough, sneezing or a running nose	N	N	N	N	N	N	N	N	N	N	N	Y (full)	N	N	N
Do not self-medicate with antibiotics or any other medicine not prescribed by a doctor	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Do not spit in public. Find a secluded place like to ilets or pit Latrines in which to spit	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Avoid travel if you have flu-like symptoms	N	N	Y (full)	N	N	N	N	N	N	N	Y (partial)	Y (partial)	N	Y (full)	N